



## THE EARLY DANCE CONSORT

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## THE EARLY DANCE CONSORT



## 2022 Summer Course in Early Dance

❖ 5 - 7 January ❖

North Sydney

## 2022 Summer Course

### Wednesday - Friday

### 5-7 January

If our 2022 Summer Course in Early Dance happens, it will be our second attempt at a twelfth course, after COVID-19 lockdowns obliged us to cancel for January 2021. It will begin on Twelfth Night (or its eve), meaning the Twelfth Night of Christmas. This marked the beginning of a festive season, leading up to Mardi Gras and then Lent. Masquerades, balls, operas, plays, and concerts distracted those who could afford entertainment from the gloom of Northern winters. Louis XIV even decreed that dancing was a valuable indoor winter exercise to keep men fit and ready for fighting during the warmer months.

We will focus on *Baroque dance*, which is well-suited to the constraints of COVID-19 health requirements. Distancing works as there are mostly couple dances (with little or no contact) plus solos (whereas dances of earlier eras tend to need sets or ensembles). Baroque dance is precise, graceful and quite technical, being the precursor to classical ballet. This course presents an opportunity to develop baroque dance technique, steps & style, & to feel and understand its distinctive rhythms & accents through physical practice.

**Venue** 181 Blues Point Road, North Sydney. From North Sydney Train/Bus Station: turn left on Blue Street, 1st left into Blues Point Road. Short walk south down hill to Hall on left-hand-side just before Lavender Street.

**Requirements** No previous dance experience required, nor do you need to bring a partner.

## Course details

*Morning A sessions* will introduce the basics of Baroque dance style: the deportment & movements which distinguish it from other styles, its precise steps & the way they fit the rhythms of different dances—from Bourrée & Gavotte to Minuet, Sarabande & Gigue.

*Morning B sessions* will focus on original choreographies, working on steps, sequences & figures, building towards one or more complete dances, including a ballroom Minuet.

*Afternoon C sessions* will extend *B* to more complex steps, subtleties of hand and arm movements, to further an appreciation of the precision and delicacy of the *Belle Danse*. Plus exploration of the dance notation known as *chorégraphie*, which is key to discovering the treasures of this unique dance repertoire.

- \* For greatest benefit, participants are urged to begin on Wednesday & choose between:-
- \* full course (9 sessions over the 3 days) or
- \* Wednesday only (3 sessions) or
- \* Mornings A only, or A + B, on 1, 2, or 3 consecutive days beginning on Wednesday

**What to wear** Light comfortable clothes, and secure shoes without rubber soles. Flat, light shoes for warm-ups (e.g. ballet flats, jiffies). Low-heeled shoes (1-4cm) for Baroque dance (e.g. Grecian sandals, or Jazz shoes for both)

**To eat & drink** Light refreshments will be provided for morning tea. Bring water to drink, pack/buy lunch if staying for the day.

**COVID-19** Please be prepared. The course will run under applicable COVID-19 Safety Plan. Proof of full vaccination, QR code check-in, health status & risk check, distancing, hand hygiene & mask rules will/may apply.

## Enrolment

Please complete enrolment form, & return by email/post. Preferred payment is by direct deposit (bank details on enrolment form). Otherwise cheque or exact cash in envelope. Early-bird rates available until December 20. Do get in touch by phone or email if you have any questions, or go to ~

[www.earlydanceconsort.com.au](http://www.earlydanceconsort.com.au)

### DAILY SCHEDULE 5-7 January, 2022

9.00 am	Register/Warm-up
9.15am-11.00am	A sessions
11.00am-11.15am	Morning Tea
11.15am-1.00pm	B sessions
1.00pm-2.00pm	LUNCH (BYO)
2.00pm-3.45pm	C sessions

COURSE FEES	Early-bird*	Full Price
Full Course (3 days, 9 sessions)	\$215.00	\$240.00
One Day* A + B + C *Wednesday only (3 sessions)	\$95.00	\$100.00
Mornings A sessions (3 sessions over 3 days)	\$90.00	\$95.00
Mornings A + B daily (6 sessions over 3 days)	\$165.00	\$180.00
Single session A, or A+B each (Wednesday only)	\$35.00	\$40.00
* Early-bird rates up to 20 December 2021		