



THE EARLY DANCE CONSORT

2020  
Summer Course  
in Early Dance

8 -10 January  
(Wednesday-Friday)  
North Sydney



THE EARLY DANCE CONSORT

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## 2020 Summer Course

### Wednesday - Friday

### 8-10 January

Our 2020 Summer Course marks the beginning of a second decade of Summer workshops in North Sydney. It is an opportunity for newcomers to sample the elegance and vigour of court dance. Returning students can work intensively on selected dances from the repertoire of the Renaissance, Baroque, & Classical eras. Court dance helps to bring European history to life. It encapsulates the social structures & ethos, aesthetics, fashion & musical tastes of the past. It also provides context for contemporary dance styles and genres, reminding us that Western “art” and popular dance forms cannot be separated from the universal human expression of community through music and movement.

Noble dances provided physical and mental exercise for those who could afford it. Dance lessons instilled manners and deportment expected at court and in polite society. Recent research confirms the health benefits of dance as a social and physical exercise. Thanks to a half-century of scholarship, and a renaissance in early music and dance performance, new generations can enjoy the pleasures of the aristocratic ballroom once available to the fortunate few.

**Venue** 181 Blues Point Road, North Sydney. From North Sydney Train/Bus Station: turn left on Blue Street, 1st left into Blues Point Road. Short walk south down hill to Hall on left-hand-side just before Lavender Street.

## Course details

*Renaissance sessions* sample court dances from the 16th/early 17th century, ranging from graciously elegant to lively—including French Pavane, Galliard & Branles, English Measures, and an Italian Balletto.

*Baroque sessions* will focus on the noble French baroque style & technique of the late 17th & early 18th century, in dances such as the Bourrée. Minuet, Sarabande & Gigue.

*18th Century sessions* will explore courtly & popular styles in country & contredanse forms favoured at assemblies around Europe in the classical & early Romantic eras.

Participants may choose to do all sessions, or focus on one or two eras. Those new to early dance are urged to attend the Wednesday sessions to learn steps needed to build up our chosen dances over the three days.



### Requirements

No previous dance experience required, nor do you need to bring a partner.

*What to wear* Light comfortable clothes, and secure shoes without rubber soles.

Flat shoes for Renaissance (e.g. ballet flats, jazz shoes or lightweight street shoes). Heeled shoes for Baroque (small heels 1-4cm high) with straps or laces recommended.

*To eat & drink* Light refreshments will be provided for morning tea. Please bring water to drink. If staying for the day be prepared to bring/buy lunch (shops and cafés nearby).

## Enrolment

Please print & complete enrolment form, and return by email/post. Payment by cheque, direct deposit (bank details on enrolment form), or cash. Early-bird rates available until December 21. Do get in touch by phone or email if you have any questions, or visit [www.earlydanceconsort.com.au](http://www.earlydanceconsort.com.au)

### DAILY SCHEDULE 8-10 January, 2020

9.00 am	Register/Warm-up
9.15am-11.00am	Renaissance Dance
11.00am-11.15am	Morning Tea (provided)
11.15am-1.00pm	Baroque Dance
1.00pm-2.00pm	LUNCH (BYO)
2.00pm-3.45pm	18th Century Dances

COURSE FEES	Early-bird*	Full Price
Full Course (3 days, 9 sessions)	\$215.00	\$240.00
One Day (3 sessions)	\$95.00	\$100.00
Renaissance only (3 sessions over 3 days)	\$90.00	\$95.00
Baroque only (3 sessions over 3 days)	\$90.00	\$95.00
18th Century only (3 sessions over 3 days)	\$90.00	\$95.00
Same 2 sessions daily (6 sessions over 3 days)	\$165.00	\$180.00
Single session (Wednesday only)	\$35.00	\$40.00

\* Early-bird rates up to 20 December 2019